



**JANE WOLF WATERMAN, M.S.W., J.D.**

COUNSELING FAMILIES FOR DECADES TO SUCCESSFULLY RESOLVE THEIR CHALLENGES – LEGAL, EMOTIONAL, PRACTICAL AND LIFE CYCLE

“EVENTUALLY, EVERYONE WILL NEED THIS BOOK ...”

**-Dr. Paul Hokemeyer from The Dr. Oz Show**

There are many moving memoirs and useful how-to-do guides. But this is the only book to steer you through all you'll need to know about HOW TO BE a loving parent to your own aging parents. **Oh My God! We're Parenting Our Parents (POP)** will teach you to:

- Identify the initial signs your aging parents need help
- Decide if it's right for you to do the POP job, or not
- Care for your family, job, home and yourself while doing POP
- Transform your relationships with your parents and siblings
- Locate the services, products and people your parents require
- Heal your family wounds that may have festered forever
- Evaluate your parents' capability of living "home alone"
- Utilize POPlans included in every chapter "as needed"
- Know the right words/questions to say to your parents
- Find your skills and wisdom, then "translate" them into POP
- Expand what you wish more of, like patience and gratitude
- Turn your POP challenges into a journey of love

**Join today: [www.ParentingOurParents.org](http://www.ParentingOurParents.org)**



MEMOIR/AGING/SELF-HELP/GERONTOLOGY

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# Oh My God! We're Parenting Our Parents



**How to  
Transform this  
Remarkable Challenge  
into a Journey of Love**

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